



Dear Guests,

Welcome to Portclew House. We hope you have had a safe journey and that your stay with us will be pleasant and memorable.

Registration:

Could you please complete the enclosed Registration Form and place in the box on the hall table in the front porch on arrival. Please note that your room key also operates the front door so take it with you when you go out in case the front door should be locked at any time.

Breakfast:

You will find the dining-room where breakfast will be served on the first landing. Breakfast is served between 8 am and 9:30 am and we would be grateful if you could specify your preferred time on your registration form. If you require an earlier breakfast, we are happy to offer a Breakfast Bag which will be delivered to your room the previous evening. Please inform us of this when you arrive.

General:

Your room will be serviced before 12 noon during your stay. Please inform us if you do not require this service. An iron and ironing board are available on request. We do not allow pets or any smoking in the property. Please feel free to browse the information leaflets in the front porch to get ideas on what to do while staying in the area. The tap water in your room is safe for drinking.

Check-out:

Please check out by 11am on the day of your departure and leave your key in the box in the front porch. If payment has not already been made please either pay by using the 'Pay Balance Now' button on the email which will be sent the night before your departure or pay us direct before leaving.

If you have any comments to make regarding your stay with us, please enter them in the Visitor's Book which you will find in the front porch or leave us a review online.

Should you want any further information please ring the bell in the front porch. In cases of an emergency and we are not at home, we can be contacted on either of these numbers: - 07789 411901 (Sarah) or 07970 722023 (Cheryl).

We hope you enjoy your stay with us at Portclew and that you will return sometime in the future.

Regards,

Portclew House

Wi-Fi Login:

Network: Portclew WiFi

Password: portclew1

If Dragon Wi-Fi information appears press 'Accept'



BREAKFAST MENU

Choice of Fruit Juice/Water
Selection of Cereals
Fresh Fruit
Plain or Creamy Fruit Yoghurt

Traditional Breakfast

*Grilled Bacon, Tasty Sausage, Fried Mushrooms, Baked Tomato
Baked Beans & Egg of your Choice
(Gluten Free Sausages Available)*

Vegetarian Breakfast

*Vegetarian/Vegan Sausages, Fried Mushrooms, Baked Tomato
Baked Beans and Egg of your Choice*

Eggs on Toast

Fried, Scrambled or Poached

Boiled Eggs and Soldiers

Smoked Salmon and Fluffy Scrambled Eggs

Smoked Kippers and Soft Poached Eggs

Porridge

Toast Rack

Mixture of Brown and White/Gluten Free available

Croissant/Pain au Chocolat

Cafetiere of Rich Coffee/Pot of Tea

Earl Grey/Green/Decaf/Fruit and Herbal Teas also available

Please inform us of any food allergies or special dietary requirements and we will be happy to accommodate you.

USEFUL INFORMATION

Portclew House
Freshwater East
Pembrokeshire
SA71 5LA

Telephone: 01646 672800
Mobile: 07789 411901 or 07970 722023
Email: enquiries@portclewhouse.co.uk - for non-urgent matters

Doctor:

Argyle Medical Group
Argyle Street
Pembroke Dock
Pembrokeshire
SA72 6HL

Telephone: 01646 624198
Out of Hours: 01437 769811

Dentist:

Symbiosis Dental Practice
55 London Road
Pembroke Dock
Pembrokeshire
SA72 6DT

Telephone: 01646 686093

Optician:

Specsavers
3 Diamond Street
Pembroke Dock
Pembrokeshire
SA72 6JA

Telephone: 01646 623090

LOCAL TAXI NUMBERS

Rock N Roll Cars	07895 455454
Glanny's Taxis	07434 607230
Ready Cabs	01646 686666
A J Cabs	01646 622682
Mal's Taxi Company	01646 685040
Pembroke Taxis	07917 378114
Castle Cars	07093 066474
Pembroke Cabs	07980 626262
J P Taxis	01646 686830
Rees Taxis	01646 681357
Gabs Cabs, Tenby	07766 754754
Tenby Taxis	01834 842371
Saundersfoot Taxis	01834 812782
Colby Cabs, Saundersfoot	07837 395774
Jeff Cabs, Saundersfoot	07785 291446

PLACES TO EAT

Freshwater Inn, Freshwater East	01646 672828
The Stackpole Inn, Stackpole	01646 672324
Lamphey Hall Hotel, Lamphey	01646 672394
Jacks at The Longhouse, Freshwater East	01646 629819
The Dial Inn, Lamphey	01646 672927
The Lamphey Court Hotel, Lamphey	01646 672229
St. Govan's Country Inn, Bosherton	01646 661311
Tudor Lodge, Jameston	01834 871212
The Castle Inn, Manorbier	01834 871268
The Brewery Inn, Coshaston	01646 686678
The Carew Inn, Carew	01646 651267
The Old Kings Arms Hotel, Pembroke	01646 683611
The Coach House, Pembroke	01646 684602
Mefhil's Indian Restaurant, Pembroke	01646 681353
The Ferry Inn, Pembroke Dock	01646 839334
Seven Spice Indian Restaurant, Pembroke Dock	01646 683319
The Blue Ball Restaurant, Tenby	01834 843038
On George's, Tenby	01834 842373

The Baytree Restaurant, Tenby	01834 843516
Twelve, Tenby	01834 845945
Billycan, Tenby	01834 842172
Plantagenet House Restaurant, Tenby.	01834 842350
Coast, Saundersfoot	01834 826100
The Mulberry Restaurant, Saundersfoot	01834 811313
The Boathouse, Saundersfoot	01834 811890
The Stone Crab, Saundersfoot	01834 813651
HARBWR Bar & Kitchen, Saundersfoot	01834 811413

PLACES OF INTEREST

BEACHES

Freshwater East Beach – This is the closest beach, being just ½ mile away. This sandy beach can be reached by foot, and there are some winding paths through the burrows down onto the beach as an alternative to the main footpath on the road, although whichever route you take there is quite a steep hill to climb when returning to Portclew. An easier option is to take the car down to the car park at the bottom of the hill with a flat walk onto the beach. Swimming here is relatively safe and there are some nice rock pools to play in. There are public toilets.

Barafundle Bay – This is one of the most renowned beaches in the area for its natural beauty. It can be reached by parking your car at Stackpole Quay (which is approx. 2 miles away) and walking the next ½ mile along the headland. This can also be reached by walking the coastal footpath. There are quite a number of steps to climb down and no toilet facilities near the beach. Where you park your car you will find The Boathouse Tea Rooms, which serves excellent food and also public toilets.

Broadhaven South – This beach is my absolute favourite and can be found near the village of Bosherton. There is a car park in the village, which also has an excellent Tea Rooms (Ye Olde World Café) and also St. Govan's Inn which serves good food. This car park is alongside the lily ponds which is a lovely place to visit. By walking around the lily ponds you can reach the far side of Broadhaven beach. Alternatively, if you travel through the village, on another mile, there is a car park, with public toilets, and a number of steps down to the beach. The tide here has some lively breakers and great fun for playing and body boarding in.

Freshwater West – This is quite a long beach with plenty of hard sand for playing ball games and soft sand dunes also. The tide here is quite strong and not altogether safe for bathing, although it is very popular for surfing and there are often national competitions held here. There are public toilets located in the car park.

West Angle Bay – This small bay is most convenient for families as the car park is right next to the beach and the access is particularly easy. The sea is relatively safe to swim in and there are plenty of rock pools to play in. There is a mixture of soft and hard sand and this beach is suitable for ball games and kite flying. There is a café, Wavecrest, on site and also public toilets. In the village of Angle you will find a local pub, The Hibernia, serving excellent food.

Manorbier – This small bay is very rugged and has plenty of rock pools to play in. The sea is popular with surfers as the waves tend to be quite big. There is a car park and toilets alongside

the beach. Manorbier Castle stands up on the hill overlooking the bay and is a very pretty small castle which is usually open from Easter to the end of September. There are several places to eat in the village.

Tenby – There are three main beaches in Tenby. The South Beach, which is found along The Esplanade, is the biggest beach with plenty of space to spread out. Castle Beach is a small popular beach found near the harbour, where fishing trips are on offer. The North Beach runs along the main shopping area of Tenby and has mainly hard sand. All beaches are relatively safe for swimming. Being situated right within the town of Tenby there are plenty of places to eat with extremely good restaurants and ice-cream parlours.

Saundersfoot – This village boasts a lively harbour, from where you can take fishing trips and take part in water sports. The beach is easily accessible and is surrounded by good eating places.

WALKING

The Pembrokeshire Coast National Parks coastal footpath stretches from Amroth to Poppit Sands, near Cardigan and covers some 186 miles. The coastal path features some of the finest cliff scenery in Europe and the wildlife is most varied. You can join the path at Freshwater East or alternatively take the Coastal Cruiser shuttle bus to the next village and walk back.

CASTLES

Pembroke Castle – The birthplace of Henry VII is to be found on the western end of Pembroke Main Street. The castle is usually open all year and you may like to take a guided tour, which operates at certain times. There are plenty of steps to be climbed and dungeons to visit, together with tranquil sitting areas. You may also like to try your hand at some brass rubbing or visit the exhibition rooms. There is a café housed in the walls of the castle.

Manorbier Castle – As previously mentioned this small castle sits overlooking the beautiful unspoilt bay. The impressive Great Hall, Chapel and Turrets are dotted with life-size figures. The gardens are a beautiful peaceful setting and there is also a cafe on site.

Carew Castle – Situated on a mill pond and alongside a tidal mill, this picturesque castle and mill are usually open from Easter until the end of October. During the summer months a wide variety of events are held in the castle. There is a shop and café.

Picton Castle & Gardens – This castle is the only local castle which is still habitable, and you can take a guided tour and learn of the history of the Philipps family who have lived there since the

15th century. There are walled and woodland gardens which are full of beautiful flowers and you can visit the Secret Owl Garden. There is a restaurant, shop and deli which are open all year.

THEME PARKS

Folly Farm – This is a “must do” day out for the whole family! Voted ‘Best family Day Out in Wales’ at the National Tourism Awards for Wales. There is farm, a zoo (with lions, giraffes & rhinos), an indoor vintage funfair as well as a whole host of indoor and outdoor adventure.

Oakwood – One of the top 10 theme parks in the UK. There is fun for the whole family from the gentler Tree Tops Toller Coaster to Megaphobia, the biggest wooden roller coaster in Europe!

Heatherton World of Adventure – Heatherton is a large sports & leisure attraction offering a fantastic variety of activities that range from Go-Karts, Paintball, Treetops Trail & Archery to Bumper Boats, Driving School for Kids, Indoor Play Area, Golf & Zorbing. There is truly something for everyone. The park is dog friendly & operates a free admission policy with great value family and individual passes on offer.

Manor Wildlife Park – Anna Ryder Richardson’s Wild Welsh Zoo as featured on ITV Wales. Animals include lemurs, gibbons, zebras and marmosets all roaming with lots of space. You can feed the wallabies, walk with the lemurs and mingle with lots of the animals.

Clerkenhill Adventure Farm – Enjoy the exciting adventure trail through the woodlands and experience swings, slides, play areas and tube tunnels, pedal go karts and a tractor track. Undercover play for wet days as well as a café. Entrance price now includes 18 holes of Frizbee Golf – like golf but with frizbees thrown into baskets. Fun for all ages!

Dinosaur Park – The Dinosaur Park in Gumfreston, just outside Tenby, offers family fun that lasts all day, including Dinosaur Trail, Rex 12 Hole Golf Course, Outdoor Playground, Hurricane Cars, Motorised Tractors, Super Bouncy Trampolines, Fossil Hunts, Indoor Play Den & Adventure Playground, Disco Boats, Virtual Reality Shack and Toddlers Dinosaur-themed Playground.

Blue Lagoon Water Park - This is an indoor all-weather water park, housing an indoor beach, slides and flumes. The main attractions are the wave pool and the lazy river. There are indoor and outdoor hot tubs and smaller gentler pools for the little ones.

Battlefield Live – Battlefield Live is outdoor gaming at its best. Infrared is used so no one gets hurt making it suitable for all ages. This is an exciting, action packed experience. Great for families, stag and hen parties as well as corporate. Accredited by Visit Wales as a quality attraction.

THINGS TO DO

Ten Pin Bowling – Phoenix Bowl in Milford Haven.

Climbing – If you like the idea of dangling from a rope just above the crashing waves, then choose from over 3000 routes around our coastline, with plenty of scope for all abilities. If you would prefer to try climbing indoors, head to The Hangout inside Haverfordwest Leisure Centre.

Horse Riding – Try horse riding lessons at one of the riding centres including Dunes Riding Centre and Oasis Park Riding School both at Martletwy.

Boat Trips – There are many boat trips to the islands where you are able to see seals, dolphins and many different types of sea birds. The boat for Skomer Island leaves from Martins Haven, the trips to Ramsey Island leave from St. David's and to visit Grassholm, Skomer and Skokholm the boats leave from Dale. From the harbour in Tenby you can take a boat trip when you can explore the picturesque Pembrokeshire coastline.

Fishing – Sea fishing trips operate from Tenby, Saundersfoot and Dale. You can also do coarse fishing at the Ian Heaps Fishing Resort in Llawhaden which is open all year round.

Helicopter and Small Aircraft Flights – See Pembrokeshire from the air by taking a helicopter or small aircraft flight from Haverfordwest.

Motor Sports – Ritec Valley Quad Bikes situated about 2 miles from Tenby provides great fun with different courses and bikes for different ages and is open all year and great fun in the rain. Try West Wales Karting in Haverfordwest for the ultimate indoor karting experience indoor. Carew Karting at Carew Airfield just 5 miles from Tenby has a fully established karting circuit and Heatherton Country Park which is open all year round has lots of activities including junior go karts. Try driving a 4x4 in a beautiful ancient woodland setting at Wood Park Off-Road near Haverfordwest.

Golf – There are several golf courses in the area – Tenby which is said to be quite challenging; South Pembrokeshire in Pembroke Dock; Trefloyne at Penally, Priskilly Forest at Letterston; Haverfordwest and Milford Haven.

Water Sports – Outer Reef Surf School offer a full array of daily water sports courses and adventure activities, as well as offering surfing, kayaking, paddle boarding, coasteering and Surf wetsuit, SUP, kayak and bike equipment hire. Learn to sail with PPSA at Llanion Cove, Pembroke

Dock or take a canoe tour or row around Pembroke Castle with Paddle West. Try wind surfing in Dale or coasteering in Stackpole or St. David's. There are also diving centres in the area.

Art Galleries - We have some very talented local artists and their work can be found in galleries in Tenby, St David's and many other locations in the area.

Crafts – Visit Solva Wollen Mill, the Pembrokeshire Candle Centre at Newport, the Honey Farm at New Quay, Cwm Deri Vineyard or paint your own pottery at the Creative Café ceramic studios in Haverfordwest, Narberth or St. David's. Andy Davies runs photography and DSLR video workshops for all levels of experience or Pembrokeshire Photo Walks provide photography tuition. A Gift of Glass in Tenby provide glassblowing experiences and there is a Lovespoon Workshop in Kilgetty.

Museums - There are several small museums to visit in the area: Scolton Manor, Milford Haven Heritage & Maritime Museum, Narberth Museum, Tenby Museum & Art Gallery, Pembroke Town Hall Murals, Pembroke Dock Heritage Centre and The Last Invasion Tapestry in Fishguard.

Gardens – Visit the Stackpole Walled Gardens which is managed by Mencap, the National Botanical Gardens near Carmarthen, Colby Woodland Garden near Llanteg, The Welsh Owl Garden at Picton Castle or Upton Castle Gardens near Cosheston.

Leisure Centres – There are public leisure centres with indoor swimming pools in Pembroke, Tenby, Milford Haven and Haverfordwest. There is also a leisure centre at The Court Hotel, Lamphey.

Spa Treatments – The Spa at Celtic Haven, The Lamphey Court Hotel & Spa and St Brides Spa Hotel are some of the local resorts offering spa treatments.

Cinemas – The Torch Theatre in Milford Haven has two screens and shows a variety of films including blockbusters and family films, every day. The Vue in Carmarthen is a state-of-the-art cinema showing the latest films in 2D and 3D across six screens.

Theatres – The Torch Theatre in Milford Haven hosts a range of on-stage theatre productions and live music events.

Useful Websites

Pembroke Castle – <https://pembrokecastle.co.uk/>

Manorbier Castle – <http://manorbiercastle.co.uk/>

Carew Castle – <https://www.pembrokeshirecoast.wales/carew-castle/>

Picton Castle & Gardens – <https://www.pictoncastle.co.uk/>

Folly Farm – <https://www.folly-farm.co.uk/>

Oakwood – <https://www.oakwoodthemepark.co.uk/>

Heatherton World of Adventure – <https://www.heatherton.co.uk/>

Manor Wildlife Park – <https://www.manorwildlifepark.co.uk/>

Clerkenhill Adventure Farm – <https://clerkenhill.co.uk/>

Dinosaur Park – <http://thedinosaurpark.co.uk/>

Blue Lagoon Water Park - <http://www.bluelagoonwales.com/>

Phoenix Bowl (<https://phoenixbowl.co.uk/>)

The Hangout Climbing Wall <https://www.pembrokeshire.gov.uk/the-climbing-wall>

Ritec Valley Quad Bikes <https://www.ritec-valley.co.uk/>

Carew Karting at Carew Airfield <https://carewkarting.co.uk/>

Wood Park Off-Road near Haverfordwest <http://www.woodpark-offroad.com/>

PPSA at Llanion Cove, Pembroke Dock <https://www.ppsa.co.uk/>

Paddle West <https://www.paddlewest.co.uk/>

Outer Reef, Pembrokeshire (<https://www.outerreefsurfschool.com/>)

Solva Wollen Mill <https://www.solvawoolenmill.co.uk/>

Pembrokeshire Candle Centre at Newport <http://www.pembrokeshirecandles.co.uk/>

New Quay Honey Farm <https://www.thehoneyfarm.co.uk/>

The Creative Café <http://www.thecreativecafe.co.uk/>

Andy Davies Photography Workshop <http://www.andydavies.info/>

Pembrokeshire Photo Walks <https://www.pembrokeshirephotowalks.com/>

A Gift of Glass in Tenby <https://giftoglass.co.uk/>

The Lovespoon Workshop <https://www.thelovespoonworkshop.com/>

Scolton Manor <https://www.visitpembrokeshire.com/attraction-listing/scolton-manor>

Milford Haven Heritage & Maritime Museum <https://www.milfordwaterfront.co.uk/shops-restaurants-things-to-do/milford-haven-museum>

Narberth Museum <https://www.narberthmuseum.co.uk/>

Tenby Museum <http://www.tenbymuseum.org.uk/>

Pembroke Dock Heritage Centre <https://www.sunderlandtrust.com/>

Stackpole Walled Gardens <https://www.stackpole-walledgardens.co.uk/>

National Botanical Gardens near Carmarthen <https://botanicgarden.wales/>

Colby Woodland garden near Llanteg <https://www.nationaltrust.org.uk/colby-woodland-garden>

The Welsh Owl Garden at Picton Castle <https://www.pictoncastle.co.uk/>

Upton Castle Gardens near Cosheston <https://www.uptoncastle.com/>

The Torch Theatre, Milford Haven <https://www.torchtheatre.co.uk/>

Vue Cinema, Carmarthen <https://www.myvue.com/cinema/carmarthen/whats-on>

